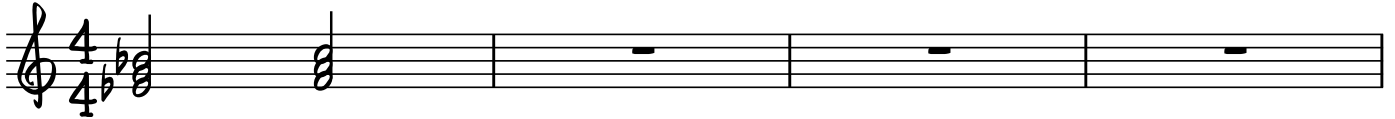


# DOUBLE MAMBOS (DOUBLE TRIADS)

CHORDS: F7 Cm7 Ebmaj7



UP UP



DOWN DOWN



UP DOWN



DOWN UP



\* PRACTICE REALLY HEARING THESE TWO TRIADS OVER THESE CHORDS AND PLAYING AROUND WITH THEM ON AS MANY TYPES OF GROOVES AND TEMPOS AS POSSIBLE.

FOR CHORD INSTRUMENTS, PLAY TRIADS UP AND DOWN IN BLOCKS AT FIRST. THEN UP UP, DOWN DOWN, DOWN UP, UP DOWN.

COMPOSE SOME OF YOUR OWN LINES USING THESE. MAKE SHAPES, SKIP NOTES, ETC...

LISTEN TO MCCOY TYNER, JOHN COLTRANE, CHICK COREA, JOE HENDERSON AND MOST OF ALL, YOUR OWN IDEAS.

AS ALWAYS, GO FOR GOOD TIME AND FEEL, TOUCH AND SOUND.